

**East Suburban Catholic Conference
2023 Men's Varsity Track and Field Conference Championship
At Notre Dame College Prep - May 10, 2023**

Varsity Team Standings

1 Marist	124	6 Joliet Catholic	37
2 Benet	122	7 Nazareth Academy	35
3 Notre Dame	87	8 Saint Viator	10
4 Marian Catholic	75	9 Saint Patrick	2
5 Carmel Catholic	63		

 - indicates meet record.

PL	Name	School	Time/Dist.	PL	Name	School	Time/Dist.
Pole Vault				3,200 Meter Run			
1	T.J. Girzadas	MA	3.81	1	Aiden Hulett	BA	10:09.50
2	Daniel Ross	MA	3.51	2	Charlie Phelan	BA	10:19.87
3	Owen Takahashi	BA	3.20	3	Emmet Kisor	ND	10:45.49
4	Declan Diamond	BA	2.90	4	P.J. Biegel	CA	11:07.86
5				5	Max Perez	MA	11:16.03
6				6	Ryan Simpao	ND	11:21.37
Triple Jump				100 Meter Dash			
1	Tyshaun Campbell	CA	12.91	1	Braydon Waller	MC	10.80
2	Darrell Jackson-Mitchell	MA	12.70	2	Lucas Parr	MA	10.91
3	Carlos Lopez	NA	12.33	3	Lesroy Tittle	NA	11.08
4	Andrew Manuel	BA	12.27	4	Adrian Washington	JC	11.13
5	Gavin Dorsey	ND	12.26	5	Torey French	CA	11.22
6	Paul Frazer	MC	11.96	6	H.J. Grigsby	JC	11.30
Shot Put				110 Meter Hurdles			
1	Ryan Losik	ND	14.63	1	Michael VanHootegem	MC	14.54
2	Aidan Dentice	BA	14.09	2	Kamil Kokot	MA	15.26
3	Scottie Cook	ND	13.37	3	Owen Takahashi	BA	16.30
4	Davon Watson	MA	13.14	4	Jacob Martineck	MA	16.82
5	Noah Barnes	NA	12.17	5	Anthony Genualdi	ND	18.53
6	Dontay Fort	MA	11.50	6	Will Yacullo	ND	18.74
High Jump				400 Meter Dash			
1	Dev'ion Reynolds	CA	1.83	1	Danny Olsen	MA	50.06
2	Nasir Thompson	MA	1.68	2	Jack Armour	ND	51.39
3	Paul Frazer	MC	1.68	3	Owen Takahashi	BA	52.41
4	Lawrence Stackhouse	CA	1.68	4	Michael Wallace	SV	53.15
5	Kaleb Isom	MC	1.63	5	Luke Cerwin	CA	53.29
6	James Gustafson	SP	1.63	6	Kyle Paras	CA	53.97
Discus				800 Meter Run			
1	Aidan Dentice	BA	39.65	1	Griffin Schneid	BA	2:00.19
2	Collin Brady	ND	38.63	2	Daniel Kasperan	MC	2:00.79
3	Davon Watson	MA	37.43	3	Cole Bonham	CA	2:01.70
4	Cayden Hanlon	MA	33.43	4	Luke Davey	ND	2:03.71
5	Nolan Daly	NA	32.41	5	Henry Thuet	ND	2:04.33
6	Ryan Harris	CA	31.90	6	Nathan Ciarlette	JC	2:05.84
Long Jump				300 Meter Hurdles			
1	Dev'ion Reynolds	CA	6.70	1	Michael VanHootegem	MC	40.54
2	Adrian Washington	JC	6.46	2	Zach Ebert	BA	41.57
3	Lesroy Tittle	NA	6.08	3	Kamil Kokot	MA	41.78
4	Darrell Jackson-Mitchell	MA	6.08	4	Anthony Tyrrell	ND	43.33
5	H.J. Grigsby	JC	5.98	5	Taylor Petrillo	SV	44.17
6	Gavin Dorsey	ND	5.81	6	John Walter	MA	44.99

PL**1,600 Meter Run**

1 Finn Richards	BA	4:30.70
2 Aiden Hulett	BA	4:40.28
3 Luke Davey	ND	4:42.51
4 Henry Thuet	ND	4:47.71
5 Matthew McKee	MA	4:52.85
6 Nathan Ciarlette	JC	5:00.25

PL**200 Meter Dash**

1 Braydon Waller	MC	22.10
2 Lesroy Tittle	NA	22.33
3 Lucas Parr	MA	22.41
4 Dev'ion Reynolds	CA	22.70
5 Gavin Dorsey	ND	23.33
6 Jacob Martineck	MA	23.66

3,200 Meter Relay

1 Marist	8:29.52
2 Benet	8:30.45
3 Notre Dame	9:05.10
4 Nazareth	9:26.67
5 Joliet Catholic	9:34.69
6 Saint Patrick	10:13.11

Athletes

Frankie Wagner, Danny Doyle
Jason Gaines, Matthew McKee

400 Meter Relay

1 Marian Catholic	43.12
2 Joliet Catholic	44.09
3 Marist	44.14
4 Benet	44.84
5 Notre Dame	45.33
6 Carmel Catholic	46.75

Athletes

Paul Frazer, Michael VanHootegem
Roosevelt Griffin, Braydon Waller

800 Meter Relay

1 Joliet Catholic	1:30.88
2 Carmel Catholic	1:30.92
3 Marian Catholic	1:33.26
4 Benet	1:34.07
5 Notre Dame	1:34.99
6 Marist	1:38.07

Athletes

Adrian Washington, T.J. Rzasa
Josh Board, H.J. Grigsby

1,600 Meter Relay

1 Notre Dame	3:31.82
2 Benet	3:32.14
3 Marist	3:45.64
4 Saint Viator	3:48.11
5 Marian Catholic	3:50.79
6 Nazareth	3:59.14

Athletes

Jack Armour, Henry Thuet
Alessandro Giovenco, Liam Newton

ESCC Coach of the Year:
Athlete of the Meet