

**East Suburban Catholic Conference
2016 Men's Varsity Track and Field Conference Championship
At Notre Dame High School - May 11, 2016**

Varsity Team Standings

1 Marist	139	6 Joliet Catholic	17
2 Saint Viator	113	7 Marian Central	15
3 Benet	112.5	8 Marian Catholic	12
4 Notre Dame	71	9 Saint Patrick	7
5 Carmel Catholic	69.5	10 Nazareth	2

 - indicates meet record.

PL	Name	School	Time/Dist.	PL	Name	School	Time/Dist.
Pole Vault				3,200 Meter Run			
1	Matt Davidson	MA	11-6	1	Kyle O'Farrell	MA	10:00.91
2	Joey Finnegan	SV	10-0	2	Patrick Engels	BA	10:09.46
3	Patrick Bottcher	SV	9-6	3	Matt Contreras	ND	10:12.50
4	Nate Stinites	MA	9-6	4	Matt Wagner	MA	10:13.13
5	Ian Smith	BA	9-6	5	Zach Kowalczyk	BA	10:25.63
5	Max Fiascone	CA	9-6	6	Jesse Resendez	SP	10:28.15
Triple Jump				100 Meter Dash			
1	Darshon McCullough	MA	43-2	1	Denzel Downing	SV	11.18
2	Jeremy Strutzel	CA	42-8.5	2	Lenell Navarre	MA	11.33
3	Trae Thompson	MA	41-5	3	Darshon McCullough	MA	11.36
4	Danny Sullivan	SV	39-8.5	4	Ryan Thompson	CA	11.48
5	David Daniels	CA	38-6	5	Colin Wifler	JC	11.56
6	Alex Sennett	BA	38-5	6	Logan Ruiz-Jones	SP	11.72
Shot Put				110 Meter Hurdles			
1	Jackson Delfosse	ND	45-7.5	1	Denzel Downing	SV	14.81
2	David Sora	ND	44-5.5	2	Michael Welsh	BA	15.86
3	Elijah Teague	MA	43-6.25	3	Martin Smith	MA	16.09
4	Colm Keane	SP	40-8.75	4	Joshua Hines	MC	16.27
5	Joe Lim	BA	40-0	5	Will Lang	BA	16.64
6	Jarryd Cabusao	MCC	37-11	6	Matt O'Donahue	ND	16.93
High Jump				400 Meter Dash			
1	Charlie Hickey	BA	5-10	1	Jacob Bonanotte	SV	50.30
2	Nick Lang	SV	5-10	2	Konrad Bayer	BA	50.63
2	Steven Rowe	MA	5-6	3	Shaun Adetunji	MC	52.15
4	David Daniels	CA	5-6	4	Harry McSteen	JC	52.28
5	Martin Smith	MA	5-4	5	John Apel	ND	54.06
6	Zach Wolf	SV	5-4	6	Luis Torres	SP	54.41
Discus				800 Meter Run			
1	Tyler Tsaglis	ND	139-11	1	Jeff Girardot	BA	2:01.14
2	David Sora	ND	132-7	2	Miles McDonnell	SV	2:02.77
3	Frank Scheck	BA	129-11	3	Jack Wernet	ND	2:03.34
4	Tom Komperda	MA	127-1	4	John Caffarelli	CA	2:05.07
5	Devin Peterson	BA	122-9	5	Braulio Alvarez	ND	2:05.63
6	Birkan Cetinkaya	CA	121-9	6	Harry McSteen	JC	2:08.56
Long Jump				300 Meter Hurdles			
1	Jeremy Strutzel	CA	20-11	1	Denzel Downing	SV	39.78
2	Delonte Harrell	MA	20-1.5	2	Matt Lang	BA	42.40
3	Michael Welsh	BA	20.0.25	3	Will Lang	BA	42.78
4	Jeremy Yoder	SV	19-8.5	4	Drew Morton	SV	43.35
5	Miles Tramill	CA	19-7	5	Joshua Hines	MC	44.06
6	Devon Blakely	NZ	19-4.5	6	Martin Smith	MA	44.06

PL**1,600 Meter Run**

1	Jeff Girardot	BA	4:34.87
2	Eddie Slack	MA	4:35.70
3	Jack Wernet	ND	4:37.02
4	Kyle O'Farrell	MA	4:37.95
5	Sam Brey	SV	4:41.81
6	Matt Contreras	ND	4:51.55

PL**200 Meter Dash**

1	Ryan Thompson	CA	23.09
2	Darshon McCullough	MA	23.24
3	Lenell Navarre	MA	23.35
4	Colin Wifler	JC	23.70
5	Ben Stone	MCC	24.15
6	R.J. Rocchi	BA	24.31

3,200 Meter Relay

1	Saint Viator	8:38.10
2	Carmel Catholic	8:49.63
3	Marian Central	8:53.39
4	Notre Dame	8:53.79
5	Benet	8:59.47
6	Marist	9:15.80

Athletes

Richard Rinka, Sam Brey
Brady Collis, Miles McDonnell

400 Meter Relay

1	Marist	43.83
2	Benet	44.47
3	Carmel Catholic	45.30
4	Saint Viator	45.30
5	Marian Central	46.26
6	Nazareth	46.44

Athletes

Delonte Harrell, David Daniels
Lenell Navarre, Darshon McCullough

800 Meter Relay

1	Marist	1:33.18
2	Carmel Catholic	1:33.54
3	Saint Viator	1:33.93
4	Marian Central	1:35.70
5	Notre Dame	1:38.66
6	Benet	1:40.02

Athletes

Delonte Harrell, David Daniels
Byron Love, Lenell Navarre

1,600 Meter Relay

1	Benet	3:28.22
2	Saint Viator	3:29.98
3	Joliet Catholic	3:33.32
4	Notre Dame	3:40.25
5	Marist	3:45.31
6	Carmel Catholic	3:46.64

Athletes

Will Lang, Michael Welsh
Matt Lang, Konrad Bayer

ESCC Coach of the Year:

Steve Davidson (Marist)

Athlete of the Meet

Denzel Downing (Saint Viator)