

**East Suburban Catholic Conference
1993 Women's Varsity Track and Field Conference Championship
At Benet Academy - May 06, 1993**

Varsity

Team Standings	(Score)
1 Benet	130
2 Marian Catholic	63
3 Saint Viator	36
4 Joliet Catholic	20

■ - indicates new ESCC record.

PL Name	School	Time/Dist.	PL Name	School	Time/Dist.
Pole Vault			3,200 Meter Run		
1			1 Audrey Seguy	BA	12:07.2
2			2 Vicki Johnson	JC	13:03.4
3			3 Kelly Nuttall	BA	13:33.7
4			4 Nicole Catinella	MC	14:20.5
5			5 Monica Ryan	SV	14:27.2
Triple Jump			100 Meter Dash		
1			1 Emily Kathol	BA	13.3
2			2 Cindy Galiano	BA	13.6
3			3 Sue Sundstrom	SV	13.7
4			4 Shana Harry	MC	14.1
5			5 Meagan Carey	SV	14.6
Shot Put			100 Meter Hurdles		
1 Nancy Rimbergas	BA	27-0	1 Kate Massagli	BA	17.3
2 Migdalia Gonzalez	MC	25-11	2 Beth Armour	MC	19.3
3 Heather Wojslaw	MC	23-8.25	3 Bridget Avants	BA	20.3
4 Kristina Kuraitis	BA	23-4.5	4		
5 Katie Macey	JC	22-0.75	5		
High Jump			400 Meter Dash		
1 Beth Catrone	SV	4-11	1 Emily Kathol	BA	63.7
2 Alison Massagli	BA	4-8	2 Claudia Rodriguez	MC	65.4
3 Nicole Frigo	MC	4-4	3 Kati Quinn	SV	66.6
4 Jessica Dietrich	JC	4-4	4 Julie Hoel	BA	70.1
5 Jamie Sommer	BA	4-1	5 Katie Macey	JC	75.8
Discus			800 Meter Run		
1 Nancy Rimbergas	BA	83-0	1 Vicki Johnson	JC	2:32.4
2 Migdalia Gonzalez	MC	76-4	2 Chris Jones	BA	2:34.9
3 Shannon Calma	BA	72-0	3 Amy Cich	BA	2:47.6
4 Katie Quinn	SV	68-0	4 Carrie Biasi	SV	2:56.4
5 Heather Wojslaw	MC	66-9	5 Kim Tyderett	MC	2:57.9
Long Jump			300 Meter Hurdles		
1 Meghan O'Gara	BA	15-0	1 Jamie Owczarzak	MC	48.6
2 Kristin Paszczak	BA	14-7	2 Jill Orzechoskie	BA	48.6
3 Shana Harry	MC	12-10	3 Kate Masagli	BA	55.2
4 Beth Catrone	SV	12-6	4 Robyn Dodge	JC	57.1
5 Belinda Jackson	MC	11-8.5	5 Beth Armour	MC	62.8

PL Name	School	Time/Dist.	PL Name	School	Time/Dist.
1,600 Meter Run			200 Meter Dash		
1 Audrey Seguy	BA	5:46.5	1 Emily Kathol	BA	28.0
2 Alana Rovtar	BA	5:49.5	2 Cindy Galiano	BA	28.1
3 Vicki Johnson	JC	6:06.9	3 Meghan Bishop	MC	29.6
4 CeCe Scanlon	SV	6:07.0	4 Jeanne Dahlinghaus	SV	30.5
5 Julie Mora	MC	6:41.7	5 Monica Hickey	JC	30.7

3,200 Meter Relay

1 Benet	11:00.4
2 Marian Catholic	11:06.5
3 Saint Viator	12:03.4

Athletes

Megan Shah, Jill Hazard
Annie DeVita, Angela Agnoli

800 Meter Medley Relay

1 Marian Catholic	01:57.2
2 Benet	02:00.8
3 Saint Viator	02:06.7

Athletes

Danielle Shutts, Kim Shultz
Megan Bishop, Jamie Owczarzak

400 Meter Relay

1 Benet	52.7
2 Marian Catholic	55.0
3 Saint Viator	56.1

Athletes

Meghan O'Gara, Cindy Galiano
Jill Orzechoskie, Emily Kathol

800 Meter Relay

1 Benet	01:55.3
2 Saint Viator	02:00.3
3 Marian Catholic	02:00.3

Athletes

Kate Massagli, Meghan O'Gara
Alison Massagli, Katie Lannon

1,600 Meter Relay

1 Benet	04:25.0
2 Marian Catholic	04:29.5
3 Saint Viator	05:10.0

Athletes

Angela Agnoli, Julie Hoel
Jill Orzechoskie, Megan Shah